



Dear Principal,

.....(insert name)from Class..... would like to participate in 'Cuppa for Kids' as a school fundraising campaign to raise awareness and much needed funds for HeartKids in the fight against Childhood Heart Disease. **To register please visit [www.cuppaforkids.org.au](http://www.cuppaforkids.org.au) and we will send you a host kit for your school.**

**Suggested ideas for a school event include:**

- Casual dress day (where children are asked to dress in red and blue colours) with a gold coin donation.
- Hold a disco / dance night and raise money for HeartKids. Suggested title – 'Dance for Kids'.
- The canteen staff can make some of our suggested recipes on [www.cuppaforkids.org.au](http://www.cuppaforkids.org.au) and offer the children to buy them and all proceeds go to HeartKids.
- The children hold a stall for morning tea where they bring in one of their favourite morning tea slices / cakes and the other children purchase a slice for a gold coin donation.
- The parent groups and/or staff can hold their own morning tea where they can make one of our suggested recipes on [www.cuppaforkids.org.au](http://www.cuppaforkids.org.au)
- Class competitions for best cake / tastiest / most unusual and each child can buy a slice.
- Children, with parent's permission, could make and sell slices to their neighbours and bring donations into school.
- Children can cook in class and organise a morning tea for their parents to attend.

**We also have a dedicated school resources section on our website where your students can participate in a colouring in competition, label a heart and write a letter to one of our HeartKids.**

**HeartKids Australia is a national charity that works to:**

Support families who have a child with heart disease

Reduce the incidence of Childhood Heart Disease

Decrease the mortality rates for Childhood Heart Disease

**We do this by:**

Employing Family Support Coordinators in each of the major children's hospitals in Australia

Running Family and Teen activities

Funding Research into CHD

Providing equipment and facilities

Assisting families with travel and accommodation needs

Commissioning a White Paper into the needs of CHD from a clinical and community perspective

Advocating the needs of CHD to Government

**Alarming Facts about Childhood Heart Disease**

♥ Heart disease is the most common birth abnormality

♥ One in 100 kids are born with heart disease - That is six babies every day across Australia -

Over 2000 per year

♥ Heart Disease is the greatest killer of children under the age of 5

♥ It takes more lives than all other childhood diseases combined – twice that of childhood cancers

♥ HeartKids fill almost half the ICU beds in all the major children's hospitals in Australia.

HeartKids receives no government funding and therefore relies solely upon the support of the community. Your contribution will make a real difference in the fight against childhood heart disease. 100% of all funds go to support HeartKids in its work.

Thank you in advance for supporting HeartKids.

Yours sincerely,

**Neil McWhannell**

**CEO, HeartKids Australia**

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